



Name:

Task 1 – your mindset

Read pages 20 and 21 from the ‘Bridging the Gap’ resource then complete the ‘Your mindset – fixed or growth?’ questionnaire on page 22. Write your ‘points’ and your ‘type of mindset’ description in the boxes below:

Points

‘Type of mindset’ description

Task 2 – TED Talks. Watch the TED talks on ‘Growth Mindset’ by Carol Dweck eg

<https://www.youtube.com/watch?v=hiiEeMN7vbQ> and
<https://www.youtube.com/watch?v=hiiEeMN7vbQ&t=118s>



Carol Dweck, "Developing a Growth Mindset"

Write down a reflection on the videos in the box below. Your reflection should show that you have genuinely listened and THOUGHT about the content. eg did anything surprise or interest you? Did you disagree with any aspects? If so, which? Do you have any questions that you’d like to pose to your form tutor when you get to sixth form?



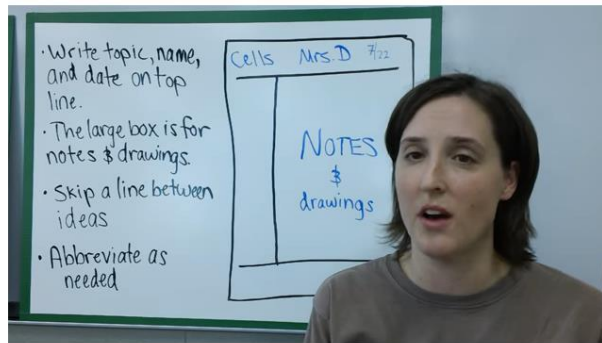
Task 3 – note-taking

You will need to get very good at taking notes in the sixth form – notes that are highly selective and show THOUGHT – not simply copying from books.

- a) Read pages 65 and 66 of the 'Bridging the Gap' resource and complete the tasks that relate to note-taking. Write 'your score' and a brief 'description of what your score might mean' in the boxes below:

	Score		Description
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- b) Read pages 71 and 72 and learn the Cornell Method of note-taking
You might find this video <https://www.youtube.com/watch?v=WtW9IyE04OQ> useful for the Cornell Method. Also, read pages 79 – 81 on mind mapping.



How to take Cornell notes

- c) Read the article about the growth mindset (pages 51 – 54) and complete the 'Your task' that requires you to write down the theme next to each of the 11 paragraphs. (There is a cheat sheet on page 55 if you're struggling to identify the key themes!) Write your answers in the space below:

- | | |
|----|-----|
| 1. | 7. |
| 2. | 8. |
| 3. | 9. |
| 4. | 10. |
| 5. | 11. |
| 6. | |



- d) Use either the Cornell Method or mind mapping to make detailed notes on the growth mindset (pages 51 – 54). Remember, you are practicing a skill that you are not fully familiar with so try to think carefully about what you are doing. What are the KEY points? What are examples and supporting detail?

Task 4 – Study schedule

Use page 85 and 86 to complete a study schedule that will allow you to study for 17+ hours per week (if doing 3 A levels) outside lesson time – that is what is required to gain an A grade! Sixth formers doing 3 A levels get at least 7 'STUDY periods per week so make best use of them! You might like to view <https://getrevising.co.uk/planner> and scroll down to watch the videos on how to build a study plan. Make it your regular STUDY PLANNER??



Why build a revision timetable?

Revision shouldn't be left to chance – your exams are just too important. By not planning you can run out of time, miss vital information and find it all a bit too much.

A revision timetable helps you avoid all of this. 15 minutes of planning will help you be more productive, keep you motivated and will boost your confidence for the challenge ahead.

The Study Planner:

- ✓ Creates a detailed plan for you in 15 minutes
- ✓ Gives you reminders to keep you to plan
- ✓ Lets you adjust your revision time for each exam

[Get started. It's free](#)

What next?

You need to have this work completed ready for your first week in Year 12. You will hand in this **Skills-based Bridging Work** pack to your **sixth form tutor**.

All **Subject Specific Bridging Work** needs to be handed in to your **subject teacher**.

Going Beyond the Classroom – 'Super-Curricular' Learning

One of the best ways you stand out during your Sixth Form studies is through the amount of independent study you undertake outside of the classroom. Regardless of your future plans, the ability to extend yourself and research independently into your interests is an invaluable skill – this will support your university applications and/or future job applications and interviews. All universities expect more than just classroom knowledge, which is where super-curricular activities come in; these are academic enrichment tasks that show you are interested in your studies beyond what is on the school syllabus. The 'Discovery List' has been put together to help you develop your interests not only in your chosen fields of study, but also in the wider world around you. Try some of these over the summer!!



Discovery List

- iTunes U
 - o Free podcasts, video lectures, reading recommendations
 - o A whole range of resources from leading universities (Oxford, Yale)
- YouTube
 - o Has its own educational channel – EDU
- Radio 4
 - o Excellent range of archive material
 - o Recommended – Week in Westminster / Thinking Allowed / A History of the World / In Our Time
- TED talks
 - o Watch talks from experts from a variety of fields
- MOOCs – Massive Open Online Courses – These online courses provide videos, reading lists and activities – you often don't need to formally complete the course
 - o FutureLearn – www.futurelearn.com
 - o Udacity - <https://eu.udacity.com>
 - o Iversity - <https://iversity.org>
 - o EdX – www.edx.org
 - o Coursera – www.coursera.org
- Websites of Professional organisations e.g.
 - o www.rsc.org – Royal Society of Chemistry
 - o www.history.org.uk – The Historical Association
- Read newspapers!
 - o Some online versions are free
 - o Read more than one to develop your critical thinking skills